

THE INTEGRATION OF SYLVIA THE WOOD NYMPH

**A FIVE-HOUR COURSE ON DISSOCIATIVE IDENTITY DISORDER
BY TIMOTHY D. BREWERTON, MD**

5 CME/CNE/CEU CREDITS OFFERED THROUGH GALEN MENTAL HEALTH / AMEDCO LLC



Timothy D. Brewerton, MD, DLFAPA, FAED, DFAACAP, CEDS-S is an experienced clinician, researcher, teacher, mentor, writer, editor,

advocate and consultant in the eating disorder and trauma fields.

He is currently Affiliate Professor of Psychiatry & Behavioral Sciences at the Medical University of South Carolina in Charleston, where he is in private practice. He has board certifications in general, child-adolescent, and forensic psychiatry, and addiction medicine. He is Distinguished Life Fellow of the American Psychiatric Association; Distinguished Fellow of the American Academy of Child and Adolescent Psychiatry; Founding Fellow and former Board Member of the Academy of Eating Disorders (AED); Founding Fellow and former president of the Eating Disorders Research Society; former president of the SC Psychiatric Association; author of >170 articles/book chapters; editor of 2 texts. He has given >400 presentations nationally and internationally and has reviewed for >60 scientific journals.

Artwork: "The Roots and Reflections of a Wood Nymph"
by Tamsin Bridge

OBJECTIVES:

- Explain the historical development of the concept of dissociation, multiple personality disorder (MPD) and dissociative identity disorder (DID).
- Compare the adaptive functions of the various alters that are identified and described in this case presentation.
- Describe modern neurobiological findings that support the validity of DID.
- Summarize the major principles of DID treatment.

REGISTRATION:

- \$149 individual
- \$999 institutional / educational



Register at
SharpenMinds.com/Sylvia

"I am delighted to have the opportunity to endorse Dr. Tim Brewerton's course on 'The Integration of Sylvia.' This course will guide you through the long-term treatment process of integration and recovery of an illustrative case of DID using selected segments of videotaped original psychotherapy sessions. Dr. Brewerton shares his rationale for specific interventions throughout the training. He is a psychiatrist that has researched and studied both trauma and eating disorders for the last 4 decades. He is skilled in psychopharmacology, a prolific researcher with numerous published studies, papers and books, but is also a gifted clinician and teacher. This course will provide the new clinician or the most seasoned professional with unique insights into treating this most challenging clinical population."

Amy Baker Dennis, Ph.D., FAED, DACT

- Dennis, Moyer, Branstetter and Associates, Bloomfield Hills, Michigan
- Department of Psychiatry & Behavioral Neurosciences, University of South Florida

"I highly recommend Dr. Timothy Brewerton's course, 'The Integration of Sylvia the Wood Nymph' to all clinicians who encounter and treat trauma in their patients (that would be all clinicians). Dissociative Identity Disorder is much more common than previously thought. It can be difficult to recognize and very challenging to treat. Being able to actually see in archival footage how Sylvia's DID comes to light in her treatment for other symptoms and how Dr. Brewerton is able to help her integrate is truly a gift. Dr. Brewerton is known for his many publications and research on trauma and eating disorders, and he is also an amazing teacher who walks us through how to understand the adaptive function of different identities so that they can be safely integrated."

Theresa Fassihi, PHD, FAED, CEDS-S

- Executive Director, Encourage Trauma Center, Houston, TX

"I've been to many international conferences and presentations over the last decade and this was by far my favorite. It's nearly impossible to truly depict how valuable the video clips of Dr. Brewerton's sessions with Sylvia are."

Courtney Armstrong, R.D.

- Eating disorder dietitian
- My Simply Nutrition, LLC, Columbia, SC

"This course offers a unique view of a thorough case study on an individual with DID who is able to successfully integrate her 'alters' through the course of therapy with Dr. Brewerton. As a participant in a prior related workshop presentation by Dr. Brewerton, I can reaffirm that the Sylvia case is fascinating. Dr. Brewerton has very thoughtfully compiled and edited the video clips and related transcriptions over the course of decades, and gives you a comprehensive view of a therapeutic process that will never be captured in the same way."

Heather Hower, MSW, LICSW, QCSW, ACSW

- Faculty Associate Specialist - Eating Disorders Center for Treatment and Research, University of California at San Diego School of Medicine, Department of Psychiatry, San Diego, CA.
- Faculty Research Associate - Hassenfeld Child Innovation Institute, Brown University, School of Public Health, Department of Health Services, Policy, and Practice, Hanover, DE

Learner Notification

Galen Mental Health

The Integration of Sylvia The Wood Nymph A 5-part Training on Dissociative Identity Disorder

August 4, 2024 - August 4, 2025

Online

Acknowledgement of Financial Commercial Support

No financial commercial support was received for this educational activity.

Acknowledgement of In-Kind Commercial Support

No in-kind commercial support was received for this educational activity.

Satisfactory Completion

Learners must listen to each self-directed audio recording while following along with the visual slides/read the articles, pass the post-test with a score of 80% or higher and complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. You must participate in the entire activity as partial credit is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Joint Accreditation Statement



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Galen Mental Health. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Amedco Joint Accreditation Provider Number: 4008163

Professions in scope for this activity are listed below.

Physicians

Amedco LLC designates this material for a maximum of 5.00 *AMA PRA Category 1 Credits™* for physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

Amedco LLC designates this activity for a maximum of 5.00 ANCC contact hours.

Psychologists



This course is co-sponsored by Amedco and Galen Mental Health. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and content. Maximum of 5.00 hours.

The following state boards accept courses from APA providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, KY, MD, ME, MO, NC, ND, NH, NE, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WI, WY

MI: No CE requirements.

***OK:** Accepts APA credit for live, in-person activities but not for ethics and/or online courses.

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NJ, NM, NV, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WDC, WI, WY

AL MFTs: Credits authorized by NBCC or any other state licensing agency will be accepted.

MA MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, CO, CT, DC, DE, GA, IA, IN, KS, LA, MD, MO, MT, NC, ND, NE, NJ, NM, NY (held outside NY ONLY), OK*, OR, SC, UT, WA, WI, WY

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, DE, FL, GA, ID, IN, KY, ME, MN, MO, NE, NH, NM, OR, PA, VT, WI, WY

Social Workers



As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. ASWB Content Level: Intermediate. Social workers completing this course receive up to 5.00 continuing education credits.

The following state boards accept courses offering ASWB ACE credit for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, ID, IL, IN, IA, KS, KY, LA, ME, MD, MA, MI, MN, MS, MO, MT, NC, ND, NE, NH, NM, NV, OH, OK*, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WV*, WY

***OK:** Accepts ASWB ACE for live, in-person activities but not for ethics and/or online courses.

***WV:** Accepts ASWB ACE unless activity is held live in West Virginia.

The following state boards accept courses offering ASWB ACE credit for Counselors: AK, AR, AZ, CA, CO, CT, DC, FL, GA, IA, ID, IL, IN, KS, MA, MD, ME, MO, ND, NE, NM, NH, NV, OK*, OR, PA, TN, TX, UT, VA, WI, WY

MI: No CE requirement

The following state boards accept courses offering ASWB ACE credit for MFTs: AK, AR, AZ, CA, CO, FL, IA, ID, IN, KS, MD, ME, MO, NC, NE, NH, NM, NV, OK*, OR, PA, RI, TN, TX, UT, VA, WI, WY

AL MFTs: Credits authorized by NBCC or any other state licensing agency will be accepted.

MA MFTs: Participants can self-submit courses not approved by the MAMFT board for review.

MI: No CE requirement.

The following state boards accept ASWB ACE credit for Addictions Professionals: AK, CA, CO, CT, GA, IA, IN, KS, LA, MO, MT, ND, NM, NV, OK, OR, SC, WA, WI, WV, WY

Objectives - After Attending This Program You Should Be Able To

1. Understand the Clinical Presentation and Diagnosis of DID.
2. Identify the diagnostic criteria for Dissociative Identity Disorder (DID) as outlined in the DSM-5.
3. Recognize the common comorbidities associated with DID, including eating disorders and other major psychiatric conditions.
4. Analyze the impact of early and severe child maltreatment in the development of DID.
5. Improve Diagnostic Accuracy and Treatment Approaches Assess the importance of accurate diagnosis of DID to prevent misdiagnosis and inappropriate treatment.
6. Evaluate evidence-based psychotherapeutic strategies for treating DID, focusing on case studies and clinical research findings.
7. Develop skills to implement integrative treatment plans that address the complex needs of patients with DID.
8. Enhance Clinical Skills through Case-Based Learning.
9. Apply theoretical knowledge of DID to practical clinical scenarios through an in-depth case presentation.
10. Observe and critique video clips of actual therapy sessions to understand the therapeutic process and techniques used over a 4.5-year treatment period.
11. Reflect on the challenges and successes of long-term psychotherapy in achieving full integration for patients with DID.

Disclosure of Conflict of Interest

The following table of disclosure information is provided to learners and contains the relevant financial relationships that each individual in a position to control the content disclosed to Amedco. All of these relationships were treated as a conflict of interest, and have been resolved. (C7 SCS 6.1-6.2, 6.5)

All individuals in a position to control the content of CE are listed below.